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ALCOHOL AND DRUG ABUSE DIVISION
MONTANA DEPARTMENT OF INSTITUTIONS
1539 11TH AVENUE, HELENA, MONTANA 59620
(406) 449-2827

FEBRUARY-MARCH, 1982

PRE-GRANT CONFERENCE

Twenty-four programs attended the pre-grant conference for alcohol discretionary funding March 12, 1982, in Helena. Application packets for state-approved programs not at the meeting have been mailed to the programs. For FY83 it is estimated alcohol earmarked revenues will be \$4,767,023 with 30% or \$1,430,107 going to cities and 4.5% or \$214,516 to counties for administrative purposes and 65.5% or \$3,122,400 to the state earmarked account plus \$846,700 beer tax and \$92,300 wine tax for a total of \$4,061,400 less appropriations of \$2,251,902 leaving a balance of \$1,809,498 to be distributed 85/15 to counties. The Department of Institutions has an appropriation of \$465,245 for discretionary funding to state-approved alcohol programs.

DISCRETIONARY FUNDING SCHEDULE

March 12, 1982	Bidders Conference, Department of Highways Auditorium, 2701 Prospect Avenue, Helena
April 26, 1982	Program Applications due by 5:00 p.m.
April 27, 1982	Applications from programs mailed to Advisory Council Task Force Members
May 13, 1982	ADAD Staff Recommendations mailed to Council Members and Applicant Agencies
May 21-22, 1982	Advisory Council Meeting in Helena. Council has requested alcohol programs requesting funding attend meeting.
May 27-28, 1982	ADAD Administrator's Recommendation
June 1-4, 1982	Director's Review and Funding Decision
June 11, 1982	Contracts mailed to Programs
June 29, 1982	Last day for signed contracts and revised budgets to be returned to the Department for Director's signature.

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The Illinois Dangerous Drugs Commission co-sponsored the National Conference on the Therapeutic Applications of Cannabinoids on March 29-30, 1982. For more information on the Conference contact: Illinois Dangerous Drug Commission, 300 North State Street, Suite 1500, Chicago, IL 60610.

STATE DOCUMENTS COLLECTION

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PLEASE RETURN

REPORT A DRUNK DRIVER PROGRAM

The Report a Drunk Driver Program has now been in effect for over three months and has shown that Montanans are concerned about the problems of drinking and driving, and are willing to take action. From the nineteen law enforcement agencies reporting in on the statewide teletype system, we have learned that 327 calls have been received reporting suspected drunk drivers. As a result of those calls 99 contacts were made by law enforcement officers and 58 arrests were made. The percentage of arrests from contacts was 58.6 percent, which is very good.

Conversations with Court Schools for DUI offenders have revealed that calls and arrests are being made throughout the state, but only 16 percent of the agencies have reported. With more complete data, we may be more than pleased with the results.

Television stations and radio stations appear to be supportive of the project by allowing public service time for the spots we developed. Numerous newspaper articles and editorials have been written and released by the Department of Justice. Feature articles have been done by several of the larger daily newspapers.

The focus of the media campaign has been to appeal to concerned persons that the accidents caused by drunk drivers hurt innocent victims, and that there is a method of preventing accidents -- by reporting drunk drivers. This spring the focus will shift to become more educational. Attempts will be made to raise awareness about blood alcohol content and physical impairment, about the penalties and rehabilitation provisions of the new law, and about what local communities are doing to solve the problems of drinking and driving.

The Highway Traffic Safety Division has contracted with the Montana Council on Alcoholism to provide mini-grants for prevention projects relating to alcohol and highway safety. For more information about this funding contact the Montana Council on Alcoholism, PO Box 898 Helena, MT 59601.

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SUMMER SCHOOL

ADAD has completed arrangements for a summer seminar to be held June 13-16 at the Montana College of Mineral Science and Technology in Butte.

Presenting issues in the family dynamics and aspects of chemical dependency will be trainers from On Site, an educational and consultation resource directed by the well known "Family Trap" authoress, Sharon Wegscheider. Topics include counseling the enabler, identifying family member's roles in chemical dependency, sculpturing, recovery and reconstruction of families and professional enabling.

Applications and additional information for pre-registration will be sent to all alcohol/drug programs by the first week in April.

Cost for the four day session will be approximately \$63.10 room and board for a double room and \$67.60 for a single room with no additional tuition charge.

Accommodations will be limited to 130 applicants. When programs receive pre-registration applications, ADAD requests prompt reply.

The seminar will earn four (4) certification points as well as CEU creditation where applicable.

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CDCA TRAINING

ADAD Training Section has added one more event to the training calendar for May, 1982.

Dr. Chris Helmer-Furtak, will be doing a six-hour workshop in Billings on May 28. The event will be scheduled for just before noon to 6:00 p.m. in conjunction with the Chemical Dependency Counselor's Association meeting and AA Spring Conference.

Dr. Furtak's subject for this event will be human sexuality as an issue of treatment in recovery from dependency. In March the presentation trained by Dr. Furtak received a very favorable evaluation by participants.

Details of training site and number of participants will be addressed in a letter to all programs from ADAD in mid-April.

SPRING TRAINING SCHEDULE

April 21-23, 1982	WRSC Adolescents: Intervention Strategies 3 days Helena
May 4, 1982	ADAD Assessment & Treatment Planning Region 1 Glasgow
May 5, 1982	ADAD Aftercare: Counseling for Prevention of Relapse Region 1 Glasgow
May 17-21, 1982	Kaleidoscope SPATS Model for Systems Approach to Family Treatment Helena
May 31, 1982	Human Sexuality by Dr. Chris Helmer-Furtak Billings

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PAPERWORK REDUCED

Beginning March 1, 1982, Montana's drug treatment programs began using a revised recordkeeping system designed for the purpose of reducing paperwork for counselors.

Changes in funding methods for drug programs made it possible to develop a style of client recordkeeping which is more amenable to the types of counseling appropriate for local program clients. Essentially, the new system reduces the number of separate forms which would go into client files and allows counselors more discretion in gathering significant information related to client drug usage and life problems.

Personnel from all areas of the state, which presently have an outpatient drug treatment program, gathered in Missoula in December, 1981, to participate with ADAD staff in formulating the new system.

In addition to the paperwork reduction, other changes in drug treatment procedures to come from the Missoula meeting include reduced requirements for client's physical exams, family members may now be admitted to treatment as program clients, requirements for client follow-up after discharge are changed to match the requirements as they exist for alcohol programs

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A no-charge one-day workshop on The Sexual Abuse of Children will be held at the Sheraton Hotel, Great Falls, on May 25, 1982 from 8: 0 to 4:30. This workshop is presented by The Counseling Consortium through a grant from the Department of Social and Rehabilitation Services.

The workshop is endorsed by the Montana Personnel and Guidance Assoc., the Montana School Counselors Association and the Chemical Dependency Counselors Association of Montana.

The workshop is being presented by Dr. Barbara K. Varley, who is currently in private practice in Fresno, California, and is a professor of Clinical Social Work at California State University, Fresno. Dr. Varley specializes in the area of sexual abuse and sexual dysfunctions. Carroll Jenkins, MSW, is currently in private practice in Helena and specializes in therapy with couples and families.

Continuing Education credit and Alcohol Certification credit is available.

Pre-registration is required. For further information contact:

Carroll Jenkins, MSW
Counseling Consortium
555 Fuller Avenue
Helena, MT 59601
(406) 442-3045

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STAFF CHANGES IN STATE OPERATED CLINICS

Myrle Mitchell, Drug Rehabilitation Counselor in the Butte Clinic, has been granted an extended leave of absence due to illness. A temporary replacement will be hired until Myrle is able to return to work. In the meantime she plans to continue contact with the staff at the Butte Clinic and will continue her interest in the process of certification of drug and alcohol counselors. We all wish Myrle well and look forward to working with her again.

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ADAD continues to receive current mailings from Narcotics Anonymous. Efforts are made to get this material to programs or NA chapters which may be interested in seeing the latest from the NA organization. If you would like to receive some of this material, or be placed on the NA mailing list, please contact Dick Rice, Director of Treatment and Rehabilitation, Alcohol and Drug Abuse Division, phone 449-2827.

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Statistics seem to justify an optimistic future for the alcoholism treatment industry. In just a decade for-profit programs have become a 3-4 hundred million dollar business that's growing at 50% annually.

- Wall Street Journal

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CERTIFICATION

Since a number of people have failed to show up for the written and oral examinations for three (3) consecutive testing dates, it will be necessary for those applicants to inform the Certification Section of their availability for testing. The following is a tentative schedule for the written and oral examinations:

Written

Wednesday, May 5, 1982
Wednesday, July 7, 1982
Wednesday, September 8, 1982
Wednesday, November 3, 1982

Oral

Saturday, April 3, 1982
Saturday, June 5, 1982
Saturday, August 7, 1982
Saturday, October 9, 1982
Saturday, December 4, 1982

Taped work samples are rated when the number of tapes submitted warrant the expense of convening the judges.

If you are unsure of the number of times that you missed taking the test after having received notice of the date and time, you may obtain this information by calling the Alcohol and Drug Abuse Division, Certification Section, 449-2827.

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NIAAA PUBLIC EDUCATION CAMPAIGN

NIAAA has developed and is promoting a campaign for public awareness. As a state agency, we will be tying into that program through a statewide effort on radio, television, and newspapers. In order to accomplish this we would like to establish and work with community groups statewide. The purpose of community groups would be to develop an outreach network and prevention campaign through which campaign posters, articles, etc. would be distributed.

Terry Stanclift, ADAD Prevention/Education coordinator, will be contacting your agency soon to determine your interest in working with us on this campaign, or to determine if you would be able to help distribute materials.

There are three major themes to this campaign: Youth and Alcohol component; Women and Alcohol component; and Fetal Alcohol Syndrome component.

Each component will be implemented separately, with a campaign and materials for each program. Please be on the alert for this campaign; someone from ADAD will contact your agency in the near future with a request for help.

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The Federal Merit Protection System found the U.S. Postal Service responsible for handicap discrimination by not sufficiently offering rehabilitative assistance to an alcoholic employee before initiating disciplinary action.

- Rusik vs. GSA

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Even a genius, when drunk, is a bore, nevertheless, being drunk and boring is no proof of genius.

- Time Literary Supplement

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MINI-GRANTS AWARDED

During early February of 1982, the following mini-grants were funded by the Alcohol and Drug Abuse Division. These grants were advertised as being available during December and decisions were made during the January Advisory Council meeting. Programs awarded were:

1. Billings Mental Health Center and Billings Indian American Council - co-sponsoring a summer camp for youth.
2. Great Falls Providence Alcoholism Center - an (ALIVE) program; Alternative Life Style Involving Valuable Education.
3. Helena, State of Montana Department of Health - Improved Pregnancy Outcome project.
4. Missoula, Regional Chemical Dependency Program, Inc. - a Minors in Possession Program.

With the addition of these programs, we now have a total of twelve mini-grant programs operating around the state, funded through the NIDA prevention grant.

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WORLD HEALTH ORGANIZATION CAUTIONS DOCTORS, PATIENTS

"Medical World News" reports that the World Health Organization has added its prestige to a caution to doctors and patients that psychotropic drugs, alone or in combination with alcohol, may be a growing traffic hazard.

Over the past decade, there have been a few studies that have warned that minor tranquilizers, amphetamines, antihistamines and marijuana are competing with alcohol in wiping out motorists. Since April, 1981 Norwegian pharmacists have been required to label certain prescription drugs with a red triangle on a white background to indicate a possible hazard to motorists. Supposedly, Denmark, Sweden, Finland and Iceland are to follow.

Essentially, what Norwegian pharmacists must do is include a pamphlet which explains that the drug may impair one's driving ability with such prescriptions. The pamphlet suggests that if a person finds driving skills impaired, he/she should check with the doctor to see if an alternative drug can be prescribed.

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PRIDE, Georgia State University

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I wish it were possible to take a close look at the permissive, over-indulgent parents and school authorities so characteristic in this present era of so-called sexual revolution. By their failure to institute and maintain appropriate and essential control, they have added tremendous confusion to the natural oscillations of adolescence and greatly complicated the process of maturation which, unfortunately, enhances not the libido but the aggressive instinct.

- Paul Friedman, quoted in
Vivienne/Mock & Hickler/
Little Brown/1981

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ACM SPONSORES "COCAINE TODAY"

Robert L. DuPont, M.D., president of the American Council on Marijuana, has cautioned that cocaine may become this decade's marijuana. To forestall this possibility, ACM is sponsoring COCAINE TODAY, May 13 and 14 at the Miramar Sheraton Hotel, Santa Monica, California.

This conference will highlight health hazards, the emergence of free-basing in the United States and society's response to cocaine, including the glorification of its use. Nationally known therapists Dr. Ronald Siegel and Dr. David Smith and ex-users will provide the treatment perspective. Current public policy also will be outlined and cocaine abuse prevention strategies will be described by Lee Dogoloff and Dr. Keith Schuchard and Dr. Thomas Gleaton of PRIDE.

Cocaine use among young adults increased by nearly 50 percent over the last five years, with freebasing, a far more dependency-producing method of use than snorting, gaining popularity. ACM feels that by ignoring cocaine, both the scientific community and the lay public may precipitate another drug abuse crisis. Dr. Siegel describes the drug as "lighting a kind of fire in the brain." While the drug's supporters claim that cocaine is safe because it is not addictive, Dr. Siegel argues that it is the "most psychologically tenacious drug available." A cocaine devotee interviewed by "Time" magazine agreed. "After one hit of cocaine I feel like a new man," he said. "The only problem is, the first thing the new man wants is another hit."

For additional information, write the American Council on Marijuana, 6193 Executive Blvd., Rockville, Maryland 10852 or call (301) 984-5700.

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PEOPLE DRINKING PLACEBOS ACT AS IF DRINKING ALCOHOL

People who think they are drinking alcohol but really aren't act in certain stereotyped ways as though they were becoming intoxicated, according to two experts on the psychological effects of alcohol.

"The think-drink effect is as dramatic as a placebo's seemingly miraculous curative power," said Dr. G. Alan Marlatt of the University of Wisconsin, writing in the December issue of Psychology Today.

They gave plain tonic water to people who thought the drink was vodka and tonic, and the subjects became less anxious, more aggressive and more sexually aroused, they said.

Marlatt and Rohsenow, citing research conducted by themselves and others, claimed to "have the first solid evidence that psychological processes have as much - or more - to do with some drinking behavior than do the physical effects of alcohol."

The psychologists noted that many experts believe "alcoholics develop a craving for liquor after just one or two drinks because a small amount of alcohol triggers a physiologically based addictive mechanism."

- AP

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